

Iowa Regional H&I Subcommittee
Agenda for
June 3rd, 2006

- I. Open with a moment of silence and the Serenity Prayer
- II. Readings
 - a. Twelve Traditions
 - b. Twelve Concepts
 - c. The Service Motivation
 - d. Basic Purpose and functions of the RSC H&I Subcommittee
- III. Secretary Report (reading of the minutes)
- IV. Corrections and Approval of minutes
- V. Administrative Reports:
 - a. Chairperson
 - b. Vice-Chairperson
- VI. Budgetary Expenditures
- VII. Area Reports
- VIII. Old Business
 - a. Regional H&I Meeting List
 - b. Planning of the three budgeted Regional H&I Learning Days
 - c. Vice-Chair position
 - d. H&I annual budget
 - e. H&I Learning Day – Cedar Rapids
- XIV. New Business
 - a. Regional Motions or other agenda items or business that pertains to the H&I Sub-Committee
 - b. Open nominations for Regional H&I secretary (should be voted in at June IRSC per Iowa Region guidelines)
 - c. Open nominations for Regional H&I Chair (should be voted in at June IRSC per Iowa Region guidelines)
- IX. Announcements
- X. Next IRSC
- XI. Closing

**Iowa H&I Regional Sub-Committee
Minutes for February 18, 2006**

The meeting was called to order by Randy W. with a moment of silence followed by the Serenity Prayer. The Chairperson called for the following readings:

The Twelve Traditions:	read by
The Twelve Concepts:	read by
The Service Motivation:	read by
& The Basic Purpose...:	read by

Attendance:

Executive Committee:

Chairperson: Randy W. (Present)
Vice-Chair: Vacant
Secretary: Tonya H. (Late)

H&I Area Representatives:

#2 Peace -	Absent (no report)
Clean & Free –	George T.
Freedom & Growth -	Absent (no report)
Freedom & Serenity –	Travis L.
IRVANA -	Neil
North Central -	Jamie F.
Quad Cities -	John F.
Siouxland -	Derek B.
South Central -	Robby E.
Southern Miracles -	Rick P.
SWINA -	Absent (no report)
Dubuque -	Absent (no report)

Other Members Present:

Don D. (NCIANA), Scott P. (NCIANA), John L. (SCANA), Paul B. (SCANA), and Rodney G. (Clean & Free)

Correction & Approval of Minutes:

Motion to approve minutes made and seconded M/S/C/U. (Late)

Old Business:

A. Regional H&I Meeting List

- i. Tonya passed around the Meeting List to be edited and for time/place information to be added to some listings
- ii. There are currently 46 H&I meetings per month in the Iowa Region
- iii. Updated meeting lists will be provided at the June IRSC meeting

B. Planning of the 2 budgeted Regional H&I Learning Days

- i. Cedar Rapids will be holding the next Regional H&I Learning Day May 13th @ the Palo Community Center prior to the Spring Fling Dance

New Business:

- A. Vice-Chairperson Nominations
 - i. Melissa nominated Jamie F., John seconded; qualifications are attached.
 - ii. John nominated Rod G., George seconded; qualifications are attached.
 - ii. Jamie nominated John F., Scott seconded
 - iii. Melissa nominated Travis L., George seconded; qualifications are attached.
 - iv. Rod made a motion to close nominations M/S/C/U
 - v. Vice-chair position will be voted on at the June IRSC
- B. Annual Regional H&I Budget
 - i. 3 Regional H&I Learning Days @ \$150.00/each
 - ii. Misc. expenses; flyers, pamphlets, etc. \$150.00
 - iii. \$100 cushion in budget
 - iv. Budget will be submitted at June IRSC

Announcements:

Regional H&I Learning Day May 13th, 2006 noon in Cedar Rapids, IA

The meeting was adjourned with a moment of silence and the Gratitude Prayer

Reports:

Executive Committee Reports:

Chairperson:

Greetings Regional H&I,

The #2 Peace Area Regional H&I Learning Day on Jan. 28th, 2006 went well. I feel we were able to address some issues and questions that were asked.

I.L.S.,
Randy W.

Vice-Chairperson:

Secretary:

No Report

Area Reports:

#2 Peace:

No Report

Clean & Free:

Greetings my fellow servants, I'm George an addict; H&I chair from the Clean & Free area.

At this time we are presenting two H&I meetings. The first at Horizons on Kimble, which we facilitate every Thursday at 8pm, at that particular presentation a panel meeting in which we average 3-4 presenters and it is going quite well.

We also have a presentation at the pathways Treatment Center; this one is done every third Monday of the month at this meeting a topic meeting format mostly focusing on "Who's an addict" and this is also going quite well.

Truly Yours,
George T.

Freedom & Growth:

No Report

Freedom & Serenity:

Hi family my name is Travis and I'm an addict.

All is well in the Freedom and Serenity Area. We currently have two H&I commitments. One every Tuesday night at the Nelson/Hinzman Center, and the other the First Friday of the month at ASAC CD + Youth Facility. We are having an H&I Learning Day at our Spring Fling on May 18th at the Palo Community Center at 12 noon.

In Loving Service,
Travis L.

IRVANA:

Hello H&I family,

The Iowa River Valley H&I subcommittee is doing OK. We are continuing to meet on a monthly basis. The monthly presentation at the University of Iowa Hospital treatment center is going well. Our ad hoc committee has made contact with MECCA to form a panel presentation and we are currently in the process of contracting with them. I have no other new information to report at this time.

I.L.S.,
Neil D.

North Central:

Hello from North Central Iowa Area of NA, my name is Scott and I'm and addict.

Things are going well in our area. I am Vice Chair of the H&I program in our area, I'm filling in for Curt. He is unable to attend at this time due to a shoulder surgery. We are currently going out to Prairie Ridge twice a month for in-patient services. We are also going every out every fifth week to an out-patient meeting to share our recovery. We would like to also put in a bid to host an H&I Learning Day in conjunction with our 25th anniversary of NCIA of NA which will be Sept. 16, 2006.

In Loving Service,
Scott P.

Quad Cities:

Hello, I'm John F. and I'm an addict. We had an H&I Learning Day 12/31/05 prior to our New Year's Eve Bash. We had good participation and it turned out well. We elected a new Chair, Dan O. He could not make it today and may be resigning already. I'm filling in for him. We have added one more Scott Co Jail Women's meeting making our total 14 H&I meetings in our area. We are being well represented and carrying the message

to suffering addicts that have been attending regular meeting once they are out of facilities. It is working.

In Loving Service,
John F.

Siouxland:

SANA recently held an H&I Learning Day Feb. 11th. There was an excellent turnout. We are still holding 2 meetings a month at Synergy in-patient and also looking at getting into the Woodbury County Jail.

In Loving Service,
Derek B. alt RCM

South Central:

We currently have 16 H&I meetings in our area. We just newly elected George F. as our vice chair and will be having an H&I Learning Day on April 22, 2006.

Forever Grateful,
Robby E.

Southern Miracles:

Hi everyone, my name is Rick and I'm an addict. We are having 2 H&I meetings at the Mahaska Co. Jail. The men's meeting is doing very well. We've been averaging 4-6 people at the men's meeting. I'm not sure about the woman's meeting. I learned some good info at the H&I Learning Day at Burt, and am looking very forward to the next one that I can attend. I think that we are carrying a good message of recovery in the jail.

In Loving Service,
Rick P.

SWINA:

No Report

Dubuque:

No Report

Vice-Chairperson Qualifications

Jamie F. NCIANA

Group Service –	Treasurer 5 years
Area Service –	RCM 2 years
	Chair 1 year
	Programming Chair IRCNA
Regional Service -	Secretary H&I Subcommittee
	Vice-Chair
	Chair
8 years clean	

Rod G. Clean & Free

Clean time - 16 years

15 years Regional H&I experience

4 years Regional H&I Chair

1 year Regional H&I Vice Chair

1 year Area H&I Vice-Chair

6 years Area H&I Chair

16 years Area H&I committee member

Have an NA sponsor

Sponsor NA members

Currently Iowa Region Delegate

Working knowledge of 12 steps, 12 traditions, and 12 concepts

Travis L. FASANA

3 years continuous clean time

Area H&I Chair for 11/2 years

Alt RCM for almost 1 year

AGME Chair for IRCNA XXII

H&I panel leader for 11/2 years