

Iowa H & I Regional Sub-Committee Minutes for February 19th, 2005

The meeting opened was called to order by the Chairperson, Dan E. @ 10:30 a.m. with a moment of silence followed by the Serenity Prayer. The Chair called for the following readings:

The Twelve Traditions	read by Jay F.
The Twelve Concepts	read by Charlotte S.
& The Service Motivation	read by Jimmie K.

Attendance:

Executive Committee:

Chairperson: Dan E.
Vice-Chairperson: Jay F.
Secretary: Charlotte S.

H&I Area Representatives

#2 Peace:	Jimmie K.
Clean & Free:	Matt S.
Freedom & Growth:	Absent (No Report)
Freedom & Serenity:	Travis L.
IRVANA:	Absent
NCIANA:	Murl B.
Quad Cities:	John F.
Siouxland:	Adam S.
South Central:	Jonna M.
Southern Freedom:	Absent (No Report)
SWINA:	Charlotte S.
Tri-State:	Absent (No Report)

Other Members Present:

Mellisa B. (NCIANA), Rod G. (Clean & Free), Stacy M. (SWINA), Christine J., Esther S., Jim J., and Randy W. (from the new ASC SMANA).

Correction & Approval of Minutes:

Motion to approve minutes made by Melissa and seconded by Jimmie K. M/S/C/U.

Old Business:

- Regional H&I Policy Update:** Motion to approve the H&I Guidelines made by Mellisa and seconded by Jimmie K. M/S/C/U.
- Learning Day Packets:** There was some discussion regarding the Regional H & I learning day packets, and all agreed that as a committee we would like to see some creativity included in our learning days. Rod G questions that as a committee do we want to get involved with the creative side of the learning days, or do we let the ASC's be the spontaneous ones. **Motion:** To use the material provided and leave the learning day packet as it stands. Motion made by Jimmie K. and seconded by Mellisa. M/S/C/U.
- Follow up on Regional H& I Learning Day in #2 Peace Area:** Charlotte reported that there were 33 in attendance at the learning day, and 11 of those had never been to an H&I Learning day (newcomers). All went well, other than the fact that there were

no fliers distributed for this event. It was suggested that before the Learning Day, the Learning Day section of the Guidelines will be read, and the H&I Representative from the hosting ASC will be fully informed on the ASC's responsibility for the event.

4. **Corrections Conference with PI:** The Chairperson asked the sub-committee if we would like to get involved with this event. There was much discussion regarding this issue. Motion: To attend the Corrections Conference, and to appoint Jimmie K. as the point person for the H&I Committee of this event. Motion made by Jay F. and seconded by Murl. M/S/C/U. Mellisa also volunteered to attend this conference.
5. **Regional H&I Meeting List:** It was agreed that this is a great idea, and all ASC Representatives will get this information to Charlotte S.

Motion to close old business: Made by Mellisa and seconded by Jimmie. M/S/C/U.

New Business:

1. **Prepare for yearly budget:** We are currently budgeting for two (2) Regional H&I Learning Days at a cost of \$150.00 per event. There was some discussion regarding the feasibility of continuing to host a learning day for the \$150.00 amount. Motion: to continue to facilitate two (2) Regional H&I Learning Days and to increase the budget to \$200.00 per event. Motion made by Mellisa and seconded by Travis L. M/S/C/U.
2. **Yearly Report:** It was suggested that instead of trying to work on the yearly report during committee time, that we all send in our ideas regarding the yearly report to Dan E. and we will work on it out of committee via email. It was suggested by the Chairperson to include our Regional H&I Meeting List, possibly a survey to get feedback on the work that we as a committee are doing, and anything that the ASC's find feasible. Please be sure to include some of the following: Goals of the committee for the upcoming year, as well as any planned activities for the coming year.

Announcements: April 30th, 2005 SWINA will be hosting a Learning Day and is requesting some support from the Regional H&I Sub-Committee. Dan E. has volunteered to attend this event.

Quad Cities has a planned H&I Learning Day and has requested that it become a Regional H&I Learning Day to be held on May 14th, 2005. The guidelines were read as to the ASC's responsibility. Motion approved.

Southern Freedom Area of Narcotics Anonymous has changed its name to Southern Miracles Area of NA, and has requested some support on their upcoming event.

The meeting closed as 12:20 p.m. with the Gratitude Prayer.

Reports:

Chairperson:

Hi, Dan an addict,

You should be proud of our work on the policy guidelines. Thank you for your work on the package. We had a learning day in #2 Peace area and it went well. Would like to develop policy on learning days.

Thanks,
Dan

Vice-Chairperson:

Greetings H&I!

Not much to report other than the Learning Day at the Wild Game Feed went on and went well. It is apparent that we need to fine-tune and streamline our packets. Looking forward to working on that.

In Loving Service;
Jay F.

Secretary:

Minutes submitted as report.

Area Reports:

#2 Peace Area:

Hello Region from the #2 Peace Area. Everything is going very well. All of our commitments are being met. Rockwell City Prison is going great. Fort Dodge Prison has gone through some changes due to such a large group. They have split the group up because when we weren't there the meeting deteriorated into a bitch session. Our sponsor, Kevin, has volunteered to attend on a weekly basis to see if he can make a difference. Also the Director of Treatment, Mary D., has stated that anyone new should go to her training program, which raises issues for us since we are bound by our H&I guidelines. More will be revealed. Spencer & Milford ADTU are going pretty good and Prairie Ridge is being tag teamed by us and NC. Also Kossuth County Jail is going well.

In Loving Service,
Jimmie K.

Clean & Free:

Greetings family,

The Clean & Free area is doing well, we are currently doing the panel presentation at Horizons. We still don't have the support to put on a presentation at the jails. Pathways has contacted H&I and asked for a presentation. We have asked PI to contact them and request a formal letter stating what they want from H&I. Rod and I still have to get

together and go up the Horizons and get a written contract with them. We have 5 qualified panel leaders and 6 panel members.

In Loving Service,
Murl S.

Freedom & Serenity:

Hello family my name is Travis and I am an addict. Last weekend we had an H&I Learning Day. We were pleased with the turnout and the message that was carried. Our H&I meetings/presentations are going well. I am very grateful for this opportunity to serve.

In Loving Service,
Travis

NCIANA:

Hello, my name is Murl and I am an addict. H&I is alive and well in Mason City. We approved in our guidelines in order to maintain a panel member you are required to attend one Area Learning day and at least 2 H&I sub-committee meetings a year. We currently have 17 guys and 8 females that are certified to speak.

In Loving Service
Murl

Quad Cities:

Hello fellow addicts, my name is John, and I am an addict. QCANA II H&I is functioning properly. We are starting the men's group meeting at Scott County Jail Annex. The women's group at Scott County jail is doing well. R.I. County Jail (Men's) was weak, buy now panel members are back. During the holidays Country Oaks, MARC Unity and East Moline Correctional Facility panel members had other commitments. The meetings are back in full swing now. R.I. County Jail Women's meeting and Scott County Jail (Men's) are still in process. Annie Whittenmayer's (Boys and Girls) meetings are in need of panel members presently, but will start up again as soon as positions are fulfilled. We are having an H&I Learning Day and Birthday Bash May 14, 2005 @ 3:00 p.m. in Le Claire Civic Center, Le Claire Iowa. Anyone that can attend from other areas will be greatly appreciated. There will be lots of great fellowship afterward.

In Loving Service,
John F.

Siouxland:

Hello Everyone,
Our committee approved a book drive for soft cover books (Basic Text and It Works) will be reserved for facilities without format requirements. The soft cover Basic Texts will be donated for the county jails in our area which including our own is 11 counties.

We will place 3 books in each jail library that includes Cherokee, Crawford, Lola, Lyon, Manona, O'Brian, Osceola, Plymouth, Sac and Sioux. We have 3 jails already off the list and will fill up the rest fast. We have a fixed date for our sub-committee, on the first Wednesday of the month @ 6:30 p.m.

We have been in contact with Synergy (Cherokee) and have up there 2 times have have committed to go the 2nd and 4th Monday of the month @ 7:00 p.m.

Our next Learning Day will be around April in conjunction with our spring kicker. The service in SANA is growing in an unbelievable rate and it is very very cool.

We have a total of 31 people with 19 qualified members and a minimum of 6 people going to Synergy at a time, 3 on the panel/3 not qualified.

In Loving Service,
Adam S.

South Central:

Greetings Iowa Region;

SCANA H&I is large, in charge, and getting strong. We have 15 meetings being covered in the area. We dropped the Newton Correctional Facility from the roster. This meeting has been tough to cover and keep a dependable coordinator for. Our chair will be contacting the facility.

In Loving Service,
Jay F. & Jonna M.

SWINA:

Greetings Regional H&I;

SWINA continues our efforts to H&I within our area. Pott. County Jail is continuing with a few struggles. The men are now taking the message to the inmates in the jail and doing so twice a month, on the 2nd and 4th Saturdays.

We are in the beginning stages of getting the Clarinda Academy as well as the Zion Treatment Center covered with approved NA speakers.

Our groups have doing a book drive for our H&I efforts, thus far the committee has received 13 soft cover basic texts last month alone. We now have Pott. County jail full of books, ware are now focussing our attention the Zion Treatment Center and getting them supplied with books.

We are having a learning day on April 30th, 2005 and we need some support from this body. Due to prior commitments I am unable to be there to assist my Area.

In Loving Service,
Charlotte S.

**Attendance
August 2004-August 2005
H&I Regional Sub-Committee**

	August 03'	Nov. 03'	Feb, 04'	June 04'	August 04'	Nov. 04'	Feb. 05'	June 05'	Aug. 05
Chairperson	Dennis Present	Marilyn Present	Present	A	Present	Dan E. Present	Present		
Vice-Chair	None A	Brian Present	Dan Present	Present	Present	Jay F. Present	Present		
Secretary	Linda Present	Present	Present	Present	Present	Charlotte Present	Present		
#2 Peace	A	Present	A	A	A	Present	Present		
Clean & Free	Present	Present	Present	Present	Present	Present	Present		
Freedom & Growth	A	A	A	A	A	A	A		
Freedom & Serenity	A	Present	Present	Present	A	Present	Present		
IRVANA	A	Present	Present	Present	Present	A	A		
North Central	Present	Present	Present	Present	Present	Present	Present		
Quad Cities	A	Present	Present	Present	A	Present	Present		
Siouxland	A	A	Present	Present	Present	Present	Present		
South Central	Present	Present	Present	Present	Present	Present	Present		
Southern Freedom	Present	A	A	A	A	A	A		
SWINA	A	A	Present	Present	Present	Present	Present		
Tri State	A	A	A	A	Present	A	A		

Iowa Regional H&I Sub-Committee
Agenda
For June, 4th, 2005

- I. Opening
 - A. Moment of Silence
 - B. Reading of the Twelve Traditions
 - C. Reading of the Twelve Concepts
 - D. Reading of the Service Motivator
 - E. Reading of the Basic Purpose of the Regional H&I Sub-Committee
- II. Secretary Report (Reading of the Minutes)
- III. Approval of Minutes
- IV. Administrative Reports
 - A. Chairperson
 - B. Vice-Chairperson
- V. Budgetary Expenditures (if necessary)
- VI. Area Reports
- VII. Old Business:
 - A. Follow-Up on Regional H&I Learning Day in Quad Cities
 - B. Follow-Up on Corrections Conference with PI
 - C. Regional H&I Meeting List
 - D. Annual RSC Report
 - a. H&I Survey
 - b. Goals
 - c. Planned Activities for the coming year
- VIII. New Business:
 - A. Chairperson Elections
 - B. Vice-Chairperson Elections
 - C. Secretary Elections
- IX. Announcements
- X. Next RSC
- XI. Closing

