

Minutes Iowa Regional Public Relations Committee November 19, 2011 - Arnolds Park, Iowa

1	Opening	Barry B. opened meeting with moment of silence followed by the Serenity Prayer						
2	Readings:	12 Traditions	Kathy N	12 Concepts	Tom H	Vision Statement	Amanda M.	
3	Roll Call	Facilitator:		Reid C-Absent		Co-Facilitator		Barry B-Present
		Secretary		Mark F- Present		Web Servant		Barry B
		Web Servant Alternate		Mark F				
		Work Group Coordinators:		H&I	John F volunteered to facilitate	1800	Mark F	
				Web Services	Barry B	PR Survey	Brandon S	
		Areas:	CFANA	Marie R	DANA	Elizabeth S		
			FASANA	Robert J	HANA	Bill J		
			IRVNA	Lacie K	LANA	Mark C		
			MANA	Absent	NCIANA	Mark F		
			SANA	Amanda D	SCIANA	Absent		
			SWINA	Brandon S	QCANA II	Gary M-H&I Present Connie B- PI –Absent did send a report		
		Members:	Rodney G	Eva	Kathy N	Denny V	Amanda M	
			Frank P	Dan Z	Michelle B	Esti Y	Yvonne D	
			Tami M	David T	Chad C	Mark S	Tom H	Joanne A
4	Approval of Minutes- Amanda D. discussed no report from SANA in August Minutes. This report will be included with these minutes. (See addendum 1.)							
5	Reports: See attached- Note: Brandon S. - PR Survey recommended disbanding this workgroup in his report. Consensus taken PR Survey workgroup disbanded.							
6	New ideas / new proposals							
		a	Governor's Conference / Corrections Conference- Elizabeth S. volunteered to facilitate this workgroup.					
7	Break into Workgroups							
8	Workgroup Reports- See Attached							
9	Old Service							
	1	Nominations / Elections						
		a	Facilitator- Nominated- Barry B Barry B- Elected-Congratulations Barry!			b	Co-Facilitator- Nominated- Rod G (declined) Frank P (declined) Michelle B- (declined) Kathy N- (Accepts) Kathy N- Elected-Congratulations Kathy!	
		c	Secretary- Nominated- Eva (declined) Joanne A (declined) Amanda D (accepts) Marie R (accepts) Marie –Elected- Congratulations Marie! *See old service*			d	Web Servant- Nominated- Mark F (accepts) Mark- Elected- Congratulations Mark!	
		e	Web Servant A- Nominated- David T. (accepts) John F- (accepts) David T- Elected- Congratulations David!					
	2	Budgets / Planning Session / Goals						
			a	H&I-\$700 see attached	b	1800- \$1,200 see attached		
			c	Web Services- \$300	d	Presentations - \$1162		
			e	Committee- \$0		Note- Budgets to be taken back to Areas/Groups for review and input.		
	3	Learning Day- Barry informed the Committee the Fall Learning Day did not take place and the money was returned to the Iowa Region Treasurer						
	4	Approval of Guidelines as permanent internal guidelines for this committee. Approved						
10	New Service							
	1	Change Web Provider. Barry explained difficulties of receiving communication back in a timely manner from current server. It was agreed to change server with Region approval.						

2	<i>To take a Financial Request of \$506 for representation @ the Governor's Conference on Substance Abuse. Cost to cover booth rental and literature. Amanda D. offered services to copy Regional Meeting Lists.-Approved</i>
3	<i>To change under Secretary Requirements- "Previous experience at the Group and Area level" to "Previous experience at the Group and/or Area level"- Change approved</i>
11	<i>Close Barry closed meeting with a prayer and lots of hugs!</i>

Reports:

Facilitator- Absent

Co-Facilitator- Verbal Report

Secretary- No report

Web Servant:

Greetings in recovery,

Your web site has received 3 requests for Information this past quarter since the last region. One was an addict that wanted to start a meeting. Another addict wanted meeting information. The last request was statement wanting to know why the Fairfield Iowa meeting was not listed. This came from Ed Fox HOPE Program Coordinator for Wapello/Mahaska Decat. This meeting falls under the Southern Area; the word is that this area is no longer in existence. This brings up a whole another matter. We have two areas listed on our web site that are not functioning areas. I will address this during Open forum tomorrow. We do need a plan to ensure that these meeting are going in the future.

Meeting Lists have been sent out in September, October, and November. If each area could have a designated person for meeting list updates this would be very helpful. We now have 121 people on our meeting list email list. This is up from 87 at the June Region.

Our Web Services team met 3 times via Skype since last Region. We are moving forward with changes to the Web site. The workgroup has been like too many cooks in the kitchen. We have to get back on tract. A lot of different viewpoints on the layout, and columns, and components.

Again please send your flyers and your meeting changes to request@iowa-na.org or info@iowa-na.org. Thank you for the opportunity to serve Narcotics Anonymous.

In loving service,

Barry B. Web Servant

Web Servant Alternate: Ditto to Barry's Report & thanks Barry for sharing your experience & knowledge with me!

Area Reports:

DANA:

Hi Family,

I am Elizabeth and I am an addict. Your PR report follows:

Currently 13 meetings in the DANA area

Sunday- Back to Basics-7pm-8pm

Monday- We Do Recover- 1pm-2pm

Step Working Sistahs 5:30pm-6:30pm

Addicts in the Basement-7:00pm-8:00pm

Tuesday: Experience Strength and Hope- 3:30pm-4:30pm

Welcome Newcomers-7:00pm-8:00pm

Wednesday: It Works How & Why- 7:00pm-8:00pm

Thursday: Basic Text- 7:00pm-8:00pm

Topic Meeting- 8:30pm-9:30pm

Friday: Back to the Stories- 1:30pm-2:30pm

United in Recovery-7:00pm-8:00pm

Saturday: We not Me Group- 11:00am-12:00pm

Miracles Happen- 7:00pm-8:00pm

Current H&I Meetings:

Jail- Women's and Men's 1 meeting each month

Turning Point

Hillcrest

Juvenile Care Facility

Basic Text delivered to all local libraries & community colleges

PR Outreach letter for preview

Steve W and Valence B doing a presentation for Northwest Academy

In Loving Service,

Elizabeth S

FASANA:

Hello IRSC,

My name is Robert and I am an addict, Freedom & Serenity is working hard. We have 5 outpatients we are currently involved in and carrying NA message of hope & support to the clients. We are trying to get involved with Anamosa prison for an H&I. Made some calls no response as of yet. We have 2 new meetings Monday's 6pm We Do Recover @Geneva lower 310 5th Ave SE Cedar Rapids. Also in 102 Legion Street Manchester, IA Tuesday's 7pm. At our Anniversary #800 went well function was a success thanks for all the support

Love &Respect, Robert PR Vice-Chair FASANA

HANA:

Verbal Report from Bill J? I have no report- Mark

IRVANA:

Hello PR subcommittee!

IRVANA's PR sub-committee is still staying busy & motivated. We held a flyer day in October & have also posted flyers around the UI campus, which is something we have been working on for a while. We're still doing monthly H&I presentations at the MHC & MECCA, and will be doing a PI presentation at MECCA next month. We're still in a holding pattern with Mt. Pleasant, but remain optimistic & continue to send them our applications

ILS,

Lacie

LANA:

P.R. Report L.A.N.A.

We Had a Pro. Learning day with help from Mark F. Thank you for your help and service. It was a good response 25 of 65 that we contacted. A good turn out a good day. We are still going to compass point and Cherokee once a month.

In loving service your humble servant

Mark

MANA: Absent

NCIANA:

Mark and I am an addict, things are well in NCIANA. Our phone line is active due to the diligence of two members. We continue to go to Prairie Ridge Addictions Center monthly (twice a month unless there is 5 Thursdays then we go 3 times.) We do have some new interest in our area for H&I efforts, the Iowa Falls groups have made a commitment to rejoin us and a H&I training will be held there soon as they are reaching out to help HANA with their efforts at the Eldora Boys Training School. We are also holding a training in Algona and old timers some newcomers, there are members going to the Kossuth County Jail monthly, so review is in order. Meeting are happening and we hope to get out some to see how everyone is!

In Grateful Service,

Mark F.

SANA:

Greetings Iowa Regional PR,

SANA's H&I objectives are the same as previous region, with some places we are looking at adding a couple new facilities.

We had a small but productive PR learning day last month. The area is considering having a professional learning day in the near future.

We are in the process of making some guideline changes that will also apply to the H&I/PI positions so more will be revealed.

ILS,

Amanda D. – SANA

SWINA:

SWINA PR Report Nov.19, 2011

Greetings,

SWINA has new updated meeting lists out. We are currently putting together a website. We are excited and hopeful for this project. H&I has been working on getting meetings into a 24 month program facility in Clarinda and working on an H&I meeting in the penitentiary in Clarinda. Looking for more speakers @ the Clarinda Zion Treatment facility. Basic Text now in Clarinda Public Library. Upcoming Gratitude Dance in Harlan, Iowa on Saturday November 26, 2011 Flyer on web.

ILS, Brandon S SWINA RCM-Alt

Quad Cities II:

H&I QC: Gary M

Things are going well. The jails are busy and the treatment as well. It has been brought to our attention that we have some H&I meeting going on in Clinton that have not had training.

PI QC:

November 2011

Hello everyone, my name is Connie the PI chair for the Quad Cities, I would like to Thank Mark for reading this for me since I am not able to attend. I returned the backdrop at the 30th Birthday Party. The booth went great. We are currently working on some changes; more will be revealed on that. Other than that PI in the QCANA II is fine.

Thanks you trusted and loyal servant Connie B.

Workgroup Reports:

H&I:

H & I Work Group Report November 19, 2011

The work group met to make plans, goals and budget for 2012. The following members were in attendance:

John F.	Facilitator	QCANA	QCANA RCM
Denny V.	Member	IRVANA	IRVANA PR Co-Facilitator
Gary M.	Member	QCANA	QCANA H&I Member
Rodney G.	Member	CAFANA	CAFANA PR/H&I Member
Eva D.	Member	CAFANA	CAFANA PR/H&I Member
Jimmie K.	Member	LANA	LANA Area Vice-Chair
Jodie G.	Member	LANA	
Robby E.	Member	SCANA	SCANA RCM
Robert J.	Member	FASANA	FASANA PR Vice-Chair
T Bone	Member	HANA	

Our Goals for 2012 are to provide two H & I learning days for the Iowa Region. One learning day will be held in the Eastern side of the state and one on the Western side of the state. One will be held in the Spring of the year and one in the Fall. Locations, dates and time to be announced.

Our proposed budget is as follows:

Rent for meeting space:	\$150 each	\$300
Flyers, Mailing, Copies	\$100 each	\$200
Gas reimbursement for Presenters	\$50 each	\$100
Misc.	\$50 each	\$100
TOTAL	\$350 each	\$700

Denny V.

Web Services:

Greetings in recovery,

The Web Services team met 3 times via Skype since last Region. We are moving forward with changes to the Web site. The workgroup has been like too many cooks in the kitchen. Our previous discussions on Skype got bogged down with a lot of different viewpoints on the layout, and columns, and components. Today we got back on tract.

We would like to move the web site to a different host. The different host will give us more bang for buck. It will be cheaper, and have much more options, in a user friendly environment.

Our goal is to the BMLT live by January 1. Our goals for next year are: 1 To implement the new site by April 1. 2. Develop our guidelines. Our Budget is \$180 for web hosting and \$120 for add on components for Joomla. The first one we would like to get is NS for 15 euro's (\$21). This would be the component for our meeting list by email and give us the ability to send information to professionals with those meeting list. Our total budget is \$300.

Again please send your flyers and your meeting changes to request@iowa-na.org or info@iowa-na.org . Thank you for the opportunity to serve Narcotics Anonymous.

Barry B. Web Servant

PR Survey:

Survey Workgroup November 19, 2011

Greetings,

I have had 2 responses to the emails I sent out both were in support of a membership survey. No other support for or against a survey was received. NAWS has a membership survey on their website, I recommend we disband this workgroup and if possible post a link to the NAWS survey and wait until this region shows overwhelming support or need for another Survey Workgroup.

ILS,

Brandon s PR Survey Workgroup

1800:

I am Mark and I am addict, we had approximately 50 members attend the 1800 number workshop in Cedar Rapids, all in all for the first time this workshop was conducted a good time and good discussion was had by all. Except one table complained they could not hear me, but they kept talking loudly amongst themselves anyway... just kidding.

Our goals for the upcoming year are: 1) to submit a proposal to this body and the IRSC to implement the 800 number. 2) If proposal passes then we will need to have a day or two to train volunteers. A copy of the proposal is attached to the minutes.

Our proposed budget is \$1,200 for the implementation of the number and training etc., please see attached copy.

We have reached the point of needing to either implement this plan or move on; I am available for discussion and/or presentations if needed.

ILS,

Mark F.

Proposal:

For the Iowa Region to adopt an 800 #.

Rationale for Proposal:

The time has come for the talk to end and for us to make a decision rather to move forward and decide if we are going to implement an 800 # or not.

The Service:

It is suggested that if this proposal is passed that we utilize Phone.com at 600 minutes a month.

Cost of Service:

The cost of 600 minutes of service is \$39.88 if purchased on a month to month basis. \$34.88 a month if purchased in an annual plan. It is suggested that due to the nature of how the Iowa Region conducts business on a quarterly basis that the plan purchased be on an annual basis. This would eliminate the need for the treasurer to have to have checks signed every region, or attempt to get a second signature on a monthly basis. (See proposed budget)

Benefits of Service:

This service is not intended to replace individual area phone services; but as means to broaden our resources for informing the still suffering addict of NA's availability. As well as to inform professionals and the general public of NA's existence in Iowa.

Putting the Plan into Action:

If this proposal passes it is suggested for the following action to take place,

1. Planning and implementing a volunteer orientation day- suggested date would be in March 2012.
2. Nominating a phone line coordinator and co-coordinator (Nominate in Nov.-elect in Feb.)
3. Develop volunteer packets and guidelines for orientation of volunteers.
4. It is suggested that two volunteer orientation days take place, one on the eastern side of the state and one on the western side.
5. The current phone line research coordinator will work closely with coordinator and co-coordinator nominees to ensure all understand the process presently and for the future.

Financial Impact:

See Budget

Proposal submitted by:

Barry B. PR Co-Facilitator

Proposed Budget

Volunteer Orientation-Rent, one meal @ workshop \$300- \$150 a workshop

Travel \$100

Literature- PR Handbook, Phone line Guide \$50 (if needed)

Volunteer Packets \$250

Phone.com-Service to start- 6/2/12

Service to begin once volunteer orientation is completed.

\$418.56 for annual plan does not include fees and taxes. Requested amount is \$500.00

Total for 800#

\$300- Workshops (2)

\$100- Travel

\$50- Literature if needed

\$250- Volunteer Packets

\$500- Phone Service- for year

\$1200 Total

Governor's and Corrections Conference Workgroup

The Governor's Conference Goals/Correctional conference

1. Obtain a check from region for the \$300.00 (Because our region meets after the deadline)
2. Obtain past literature from the state fair booth
3. Obtain a list of items of materials used in the state fair booth and accurate count to prevent duplication of pamphlets
4. TO contact the person in charge to out dates
5. To find out the dollar amount needed for each booth.
6. By next region be able to obtain the check for the correctional Conference
7. we would like to add A regional meeting list, membership survey, Am I An Addict, subscription
8. Going to hand out a card were perspective H&I People will fill out and we will then return them to the areas.

Budget

\$300.00 Governor conference

\$350.00 Correctional conference

\$250.00 approx. for coping

10.00 for the index Cards

\$1,010.00 total

Remember The \$ 300.00 Check has been given to me. I am also looking to the different areas to see if in some small way any of them would be willing to donate to cut the cost of coping, I know there was area including mine interested in helping. Please contact me if interested; since then I have contacted both places and I have the dates for both conferences they are as follows: Governor's April 3-4th2012 and the correctional will be May 9, 10,11th.2012.We will also be presenting at the Governor's conference with a power point. I am looking for guidance.

In loving service,

hugs,

Elizabeth S.