

Additional registrants or roommates:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any people you would like to  
room with: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Willing to speak at Main meeting \_\_\_\_\_

Clean Date: \_\_\_\_\_

**Directions from the West on I-80:**

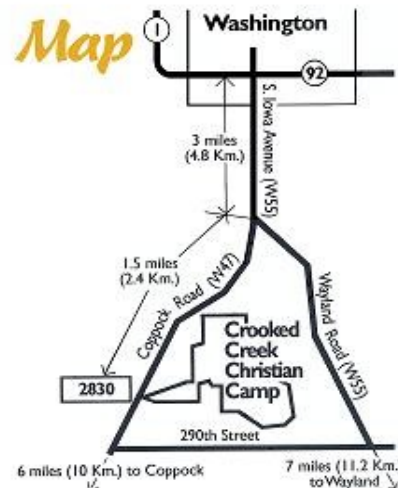
- Exit at Highway 218 South (Iowa City)
- 218 South to Highway 92 west
- Highway 92 into Washington
- Turn South (left) at W55, known as South Iowa Ave. (third traffic light on Highway 92)
- Go 2 miles south of town and turn right at W47 (Coppock Rd.)
- Go 1 1/2 miles to camp entrance on east side of Coppock Rd.

**From the east on I-80:**

- Near the Quad Cities, take 280 west into Iowa. Exit at Highway 61.
- Take 61 west until it joins with Highway 92 at Muscatine.
- Stay on 92 west into Washington.
- Turn South (left) at W55, known as South Iowa Ave. (third traffic light on Highway 92)
- Go 2 miles south of town and turn right at W47 (Coppock Rd.)
- Go 1 1/2 miles to camp entrance on east side of Coppock Rd.

**From the south on 218:**

- Exit 218 at Highway 78. Head west toward Wayland.
- Travel past Wayland (2-3 miles) to Coppock Road
- Turn right (north) on Coppock. Go 6 miles to camp entrance on east side of Coppock Rd.



# IRVANA

*3rd ANNUAL  
SPIRITUAL RETREAT  
JULY 24-26, 2009*

## SEEKING...



**CROOKED CREEK  
CHRISTIAN CAMP  
2830 COPPOCK ROAD  
WASHINGTON, IA 52353**

Neither Narcotics Anonymous nor  
IRVANA are affiliated with Crooked  
Creek Christian Camp

Please join your NA family for a relaxing, rejuvenating weekend in nature.

## RETREAT HIGHLIGHTS:

Campfire meeting, walks on nature trails, workshops, speakers, meditation, step writing time, good food, swimming pool, natural waterslide, volleyball, Frisbee golf, basketball court, Prayer labyrinth, yoga, cards/board games.

Please eat dinner before arriving on Friday evening. We will have a dessert potluck Friday, so please bring a dessert if you can. All meals on Saturday and breakfast on Sunday will be provided and included with registration.

### What to bring:

Linens (sleeping bag, sheets, pillows) and towels; beverages and snacks (coffee, water, lemonade provided and there is refrigerator and freezer space available); NA Literature; pen; paper; step work; swimsuit; games; walking shoes; flashlight; sunscreen; bugspray; yoga mat or towel.

### Do Not bring:

Firearms, Animals, RV's, Tents, Children

**DISCLAIMER:** The Iowa River Valley Area of Narcotics Anonymous, its officers or members and/or Crooked Creek Christian Camp are not responsible for any injury or loss of property to any person suffered while attending or participating in any activities associated with this Spiritual Retreat for any reason whatsoever, including ordinary negligence. Any liability for any personal injury or property damage is strictly denied.

### Contacts:

**Kathy:** 319.389.6897

email: [katnolan66@hotmail.com](mailto:katnolan66@hotmail.com)

**Amanda:** 319.621.4815

email: [catlady10598@yahoo.com](mailto:catlady10598@yahoo.com)

\*\*for scholarship information, please call the contact numbers\*\*

### There are 5 different lodging options available:

- #1 Cabins with one double bed, living area, window A/C, private bath (there are only two of these cabins available).
- #2 Cabin that sleeps 8 in bunk beds, window A/C, private bath (there is one of this style of cabin available).
- #3 Cabins that sleep 8-10 in bunk beds, window A/C, share common bath not in cabin.
- #4 Loft bunkrooms in main building, window A/C, shared bath in lower level.
- #5 Cabins that sleep 8-10, no A/C, share common bath not in cabin (overflow only).

**Only the cabins with one double bed can be co-ed.**

**Smoking permitted in designated areas only, never inside.**

**Early registration must be postmarked by July 9th, 2009.** Check in is from 6pm—8:30pm Friday July 24th. **NO EARLY ARRIVALS!** Call or email if you need to make special arrangements. Day passes can be issued at any point on Saturday July 25th. Thank you for registering, we look forward to spending a fun-filled weekend of recovery with you! All registrations will be confirmed by phone, mail, or email when payment is received.

Please specify your lodging preference with first, second, and third choices (by number). Cabin/bunkroom space is assigned on a first come first serve basis, so pre-registrants will have first choice.

Only cash will be accepted for registration onsite (any registrants not mailed in by July 9th).

**NO REFUNDS.** Please cut and mail your registration with a check or money order

**made out to:**

**“NA Functions Committee”**

**mail to:**

**NA Functions Committee**

**c/o IRVANA**

**P.O. Box 2521**

**Iowa City, IA 52244**

## IRVANA SPRITUAL RETREAT REGISTRATION

Quantity	Item/Cost	Total
	\$60 (full package before July 9th)	
	\$70 (full package: after July 9th onsite registration ONLY)	
	\$40 (one overnight)	
	\$20 (Day package – Saturday only)	
	\$14 (T-shirt S-XL)	
	\$16 (T-shirt XXL-XXXL)	
	\$16 (Ladies T S-XL)	
	\$12 Tote Bag	
	\$10 ceramic coffee mug	
	Scholarship Donation*	
	TOTAL:	

\*to be distributed in 2010

lodging choices in order of preference (write numbers);	<b>1st choice:</b>	<b>2nd choice:</b>	<b>3rd choice:</b>
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Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Special Needs: \_\_\_\_\_

\_\_\_\_\_

Please list other registrant's names:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**(OVER)**