

IOWA REGIONAL H&I SUBCOMMITTEE MINUTES FOR AUGUST 18, 2007 SIOUX CITY, IA.

Travis L.- Opened the meeting at 10:35am with a moment of silence followed by the serenity prayer.

READINGS:

Twelve traditions - Mellisa B.
Twelve concepts - Jamie F.
Service motivator – Gabe L.
Basic purpose – Jamie F.

ATTENDANCE: Mellisa B. (NCIANA), Gabe L. (NCIANA), Jamie F. (NCIANA), Travis L. (FASANA), John F. (QCANAII), Alicia E. (SCANA), Robby E. (SCANA), Darryl J. (IRVANA), Tasha S. (SWINA), Andrea B. (DANA), Adam S. (CAFNA), Victoria R. (SCANA), Greg S. (QCANAII)

REPORTS:

Secretary – Mellisa – no report

Chair – Travis – Hi family my name is Travis and I am an addict. The learning day on July 21st was a success. There were about 30 addicts in attendance. The order of business for today is to secure the next learning day. ILS Travis L.

Vice Chair – John F. – Hello fellow addicts. I am John F. and I am an addict. Thank you for electing me as IA Regional H&I Vice Chair. We held a regional H&I learning day at Cedar Rapids on July 21, 2007. It was very successful. We are working on two more regional learning days before June 30, 2008. More will be revealed by our November regional. In love and service John F.

AREA REPORTS:

CLEAN & FREE – Adam – Things are going well - see end of minutes

FREEDOM & SERENITY – Travis – Things are going the same

IRVANA – Daryll – see end of minutes

NCIANA – Mellisa – see end of minutes

QCANAII – John – see end of minutes

SOUTHERN MIRACLES – Robbie – see end of minutes

SWINA – Tasha – Currently no H&I subcommittee in area and would like to start one

DUBUQUE – Andrea – see end of minutes

Old Business:

- Last learning day was in Cedar Rapids on July 21, 2007.
- We spent \$133.42 on the learning day which was \$17.00 under budget.
- Learning day was a success.

New Business:

- We have decided to have all of the Chairs go to there area and see if they are interested in having a regional H&I learning day.
- At our November regional meeting we will make a list of all of the areas that are interested, willing and have the need.
- We need to keep in mind the rotation but really need to consider the areas that have the need for a learning day.
- There was discussion on doing some follow up after our learning days.
- There was also discussion on having areas that are close helping each other out. Such as if there is an area with strong H&I members they could go to an area that has a lot of new members and put on an H&I meeting so that the new members could see what an H&I meeting is about, how the members carry themselves and how they deal with issues as they arise.
- SWINA currently doesn't have an H&I subcommittee and Tasha S. would like to get one started.
- There were a lot of ideas and suggestions for Tasha mainly on the lines of don't give up and on the spirit of service.
- I will be mailing out the contact list with these minutes so she can contact other members of the regional H&I subcommittee.

Travis closed the meeting at 11:45am with the third step prayer.

Next meeting will be held on November 10, 2007 in Dubuque IA.

REPORTS

CLEAN AND FREE

There are 2 H&I meetings being held and 3 pending. Their current projects or activities are the existing H&I commitments. What the RSC H&I can do to better serve this area is that each member first and foremost serve their home group humbly under the grace of God so that our H&I efforts bring those into a true atmosphere of recovery.

Adam S.

IRVANA

Dear H&I,

Things seem to be going well in IRVANA. We have two commitments each month – one at University of Iowa Hospital and at MECCA. The subcommittee meets monthly and has all positions filled. We are doing the things needed to grow and carry the message. We would like to have attended the H&I learning day held in Freedom and Serenity in July, but unfortunately did not receive any information until the night before.

ILS Darryl J.

NCIANA

Hi my name is Mellisa and I am an addict. H&I in North Central Iowa has been struggling with panel members and their willingness. We are no longer going to Lester Heights as of right now. However we are still trying to get panel members approved to go so that later on when we go again we will have the panel members to go. We are also no longer going to Hardin County jail. The last few times that we were to go they called and cancelled due to lack of interest of the inmates. Prairie Ridge treatment center has been making a few changes in their program. As it stands right now we are not going to the outpatient groups. They are making some changes and will be calling us back in a few weeks to let us know if they will be having people come speak to the outpatient groups again or not. We are still going to the inpatient groups on the 1st, 2nd, 3rd and 5th Thursday of the month. So everything has worked out and we do have enough willing panel members for the H&I meetings that we are still having. We will be having an H&I Learning Day on September 15th at Georgia Hanford park in Mason City, IA at 1pm. Following the Learning day NCIANA will be celebrating our 26th birthday. Hope to see you there.

In love and service Mellisa

QCANAII

Hello fellow addicts I am John F. and I am an addict. All is well. We have 10 meetings that are being represented with 32 meetings a month. The people we introduce the program to at facilities that are ready to change have been coming to meetings when they get out of their facilities. Many are staying clean and continue to come to meetings and become involved. It is working. Thank you for having the July 21st Learning day. We had several people from our area attend. It has helped us at our H&I facilities. We are having a team of speakers going into East Moline Correctional Facility for a share-a-thon meeting.

In loving service John F. (Vice Chair QCANAII)

REPORTS

SOUTHERN MIRACLES

We had an H&I learning hour on August 11, 2007. 7 people were in attendance. 7 people learned something. We currently have 13 H&I meetings in our area. It is great to be a part of the subcommittee. I have attended a couple H&I meetings in our area and it is exciting to go out and farm out the future members of Narcotics Anonymous.

In loving service, Forever grateful Robbie E.

DUBUQUE

Good morning,

I am Andrea and I am an addict. Hello from the Dubuque Area. This is my first region as H&I chair person. Dubuque currently has two H&I commitments. Our first is on Wednesdays at the Dubuque County Jail. We have been averaging more than 30 inmates in attendance on a weekly basis. Our second commitment is at Turning Point Treatment Center. We go there the 3rd Monday of every month. It has been going very well. We are also working on a couple more commitments but more will be revealed.

In loving service Andrea B.

SANA

Sent a report:

First I want to start out by saying that this has been an interesting year and I have for the most part enjoyed being a part of SANA's service committee. Now on with my report for SANA's hospitals and institutions. We've struggled through the past few months. It seems that with everyone's summer activities and my lack of contacting our pool of qualified addicts in a timely manner we've not made our obligation to Synergy Treatment Center on a regular basis. We have however made most of the 2nd and 4th Mondays, which is our obligation. We did have a learning day recently at our very own SANA MANIA, and I firmly believe that if the weather had cooperated we would have had a better turn out. Since I had work obligations our Vice Chairperson went in my place and according to him the learning day went well. My term will be ending as of October and I won't be accepting any nominations for this next year. I think that this position can be better handled by someone else at this time.

In loving service, SANA H&I CHAIRPERSON, TRIXIE S.